

WHO CC for Research and Training in MH Trieste - Azienda per i Servizi Sanitari n.1 "Triestina"



Franca and Franco Basaglia

## International Summer School

Trieste, via Weiss 5 - Dipartimento di Salute Mentale

**First module - September 19-24, 2011**

*"Beyond the walls - how to open the doors of psychiatric hospitals towards community based care and services. Focus on Europe and the East"*

**Aim: 'Support the leaders, train the trainers'. Learning from the Trieste experience and the international success practices of deinstitutionalisation and cooperation.**

In partnership with WHO Geneva and Copenhagen; IMHCN; ConfBasaglia; Forum Salute Mentale - (Italy); WAPR.

**Method: Lectures, seminars and workgroups, tutored visits to the services and programmes of the Mental Health Department, videos and written material.**

### Language: English

The lectures and the workgroup will focus on several issues related to deinstitutionalisation, with an in-depth approach focusing on strategical, historical, organisational aspects. Participants will be offered opportunities to connect (also using real-life, operational examples), the deinstitutionalisation examples with their own national and local contexts. The visits will be carried out in small groups accompanied by tutors who will collect impressions, reflections and questions.

### a. Lectures, videos and workgroups

#### Afternoon September 19-26

##### September 19 THE ROOTS

History and features of the asylum

The meaning of "deinstitutionalisation" and its relationship with rehabilitation

The actual practice of deinstitutionalisation

Lecture:

Franca and Franco Basaglia: the roots of a new knowledge and practice.

##### September 20 THE ASYLUM AND THE ISSUE OF RIGHTS

How transform hospital-based psychiatry and staff culture

Changing the relationship with the user: rediscovering life stories.

Changing the organisation of life in the hospital.

## **September 21 DEINSTITUTIONALISATION: THE LIFE OUTSIDE**

The gender issue  
How support a life in the community: responding to needs  
The basic requirements for community support systems  
The basic components of community services models

## **September 22 POLICIES Macro interventions and deinstitutionalisation policies**

How manage the administrative level to achieve transformation. How involve civil society, create public awareness and fight stigma  
How contaminate the judicial and forensic psychiatric system  
How integrate Mental Health into general healthcare and welfare systems. Focus on legislation: changing the legal framework for mental health and social inclusion

## **September 23 DEVELOPING A PROJECT: INTERNATIONAL EXAMPLES**

Human rights, community development and role of stakeholders in deinstitutionalization  
Evaluation and research in deinstitutionalisation  
International examples of Cooperation for Deinstitutionalisation  
**Groupwork 1:** developing a project

## **September 24 CONCLUSIONS: BEYOND THE WALLS – OLD AND NEW CHALLENGES**

**Presentation and discussion of practical experiences of deinstitutionalisation in other countries**  
The features of a new community mental health system of care  
  
**Groupwork 2:** Case study  
Evaluation and tests, follow-up. Conclusions

## **b) Visits to Mental Health Services and Social Cooperatives in Trieste and in Friuli Venezia Giulia** **Morning, from September 20 to 23**

### **Key issues and themes of the visits:**

- Reuse of the former Trieste Psychiatric Hospital campus (history of a change)
- The Mental Health Department organisation: a regional model.
- The role of users and staff in deinstitutionalisation
- Housing and job
- Meeting with the administrators

### ***Lecturers and speakers***

#### *Italy:*

Ambrogio Manenti, WHO Representative, Iran  
Assunta Signorelli, Consultant psychiatrist, MHD, A.S.S. n.1, Trieste, Italy  
Benedetto Saraceno, President, Global Initiative on Psychiatry, former General Director of the Department for Mental Health and Substance Abuse, WHO Geneva  
Bruno Norcio, psychiatrist, Trieste  
Carlotta Baldi, psychiatrist, MHD, Trieste  
Carmen Roll, Project Leader, PsychiatricNurse, ASS n. 1 Trieste

Chiara Strutti, Project Manager, ASS n.1, Trieste  
Ernesto Venturini, former MHD Director Imola, Italy  
Franco Rotelli, President of Permanent Conference on Mental Health-Franco Basaglia-ConfBasaglia, Italy  
Giovanna Del Giudice, Speaker for the National Mental Health Forum, Italy  
Giovanna Gallio, Researcher, Trieste  
Giuseppe Dell'Acqua, Director of MHD, A.S.S. 1 Triestina, Italy  
Mario Colucci, MHD ASS n. 3 Bassa Friulana  
Mario Novello, Director of MHD, ASS 4 Medio Friuli, Udine, Italy  
Michele Tansella, University of Verona, WHO CC on Research, Training and Evaluation  
Michele Zanetti, former President of Trieste Province  
Ota De Leonardis, Università Milano Bicocca, Italy  
Pierpaolo Mazzuia, Consultant MHD, A.S.S. 2 Isontina, Gorizia, Italy  
Renzo Bonn, Psychiatrist, MHD ASS 4 Medio Friuli, Udine, Italy  
Roberto Mezzina, Director, WHO-CC, MHD, A.S.S. n.1, Trieste, Italy  
Teresa di Fiandra, Ministry of Health, WHO National Counterpart, Italy

*Other Countries:*

John Jenkins, President, International Mental Health Collaborating Network-IMHCN, UK  
Jan Pfeiffer, Director, LUMOS, Czech Republic  
Stelios Stylianidis, Vice President, World Association for Psychosocial Rehabilitation (WAPR), University of Athens, Greece  
Sashi Sashidharan, University of Warwick, Glasgow MH Services, UK  
Hellen Killaspy, Medsch Hampstead/Mental Health Sciences, University College London, UK  
Vladimir Jovic, Director, International Aid Network-IAN, Serbia  
Alan Rosen, University of Wollongong, Sydney, Australia  
Vivienne Miller, The MHS Conference Director, Sydney, Australia

***Field-teachers, discussants and tutors of the MHD / A.S.S. n. 1 Trieste and other Regional Services***

Pina Ridente, psychiatrist, MHD ASS n.1, Trieste  
Irina Karavalaki, nurse, MHD, ASS n.1, Trieste  
Roberto Colapietro, nurse, ex-President Cooperativa "Lavoratori Uniti - Franco Basaglia"  
Giancarlo Carena, nurse, President Cooperativa "Monte San Pantaleone", Trieste  
Paola Zanus, psychiatrist, MHD, ASS n. 5, Bassa Friulana  
and others

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**Participants: n. 40**

For the first, experimental edition, in addition to the seats **reserved** to the Trieste WHO CC partners, a **limited number of seats** is made available to institutional and non-institutional stakeholders.

**Entry fee: 1.500 Euro**

In case of an increase of available funds, the organisation might consider partial reduction of entry fee based on specific conditions.

The entry fee includes the SUMMER SCHOOL KIT: learning materials, documentations, tutoring and transportation during visits, coffee breaks and lunch for the whole duration of the course.

For further information, accommodation and dinners, you can refer to the logistical support at the following contacts:

### **Smile Tech**

Ph:+39 040 3481631

Fax:+39 040 3487023

website: [www.basagliasummerschool.org](http://www.basagliasummerschool.org)

email: [info@basagliasummerschool.org](mailto:info@basagliasummerschool.org)

### **Scientific Lead**

*Peppè Dell'Acqua, Roberto Mezzina*

### **Organisation**

*Irini Karavalaki, Roberto Mezzina, Giovanna Ragnetti, Michela Rondi, Daniela Speh*

### **Logistical support, translation and interpretation**

Smile Tech

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### **Satellite Workshop (free)**

**Morning 26 September, 9-13**

*Alan Rosen, University of Wollongong, Sydney, Australia*

*Vivienne Miller, TheMHS Conference Director, Sydney, Australia*

**Deinstitutionalisation in Australia and New Zealand: the development of a modern community based system of care**